


Second, you must remember who you are. You should live a life of sober meditation. You need to learn how to go into a deep trance. You will remember how to do it if you practice it. It is OK to drink occasionally, and to like luxurious things, but they are a trap that will hold you back. Don't fall into the trap. You don't have to be as primitive living as he is, but you should rise above the material.

Third, stop advertising to the men who were the agents of the desert demon. You will attract attackers before you are strong enough to resist them.

And last, you should practice remembering who you are. Write an autobiography, and when you have written it, send it to him through us, and we'll print it out and bring it to him. Don't put it on the web. Tell everything, everything. Give details. Keep nothing out. If you think something is too personal, that could be the demon, whispering to you, trying to keep you away from your important memories, so that especially you should write. Start with anything you remember about past lives, even if you're not sure. Write down what you remember of your life, year by year. Who did you know? What did you do? What were your successes, your failures? Write down every good thing, and especially every trauma. Did the people you knew in that year seem to be people you knew from a past life? What did you think, and feel, about them? How do you feel about them now? Do you think someone may have sent them to you, in your life? Why? How do you want your life to turn out? What do you want your future to be like? Who do you want to see in your future? You will find it easier and easier to remember and write as you go on, and you will find that past traumas begin to lose their venom when you write them down, and especially when  calls the spirits to help you over them. You will have only the wisdom of the experience, not the trauma. He doesn't want to tell you too much about your life, and your previous lives, because he wants you to remember them on your own. But he will read your autobiography, even if it is ten thousand pages, and he will help you, and correct your mistakes. And when you finally remember who you are, you will be able to correct his mistakes, because you are more powerful than he is. You are a great soul, and you have many great deeds to do.—Maggie

Wow. We knew you were special.—Mary

Yes. It is truly an honor to help you.—Maggie